

home &lifestyle

MAGAZINE

JANUARY & FEBRUARY 2022 · ISSUE 78



home &lifestyle MAGAZINE



WWW.HOMEANDLIFESTYLE.ES



VIEW THE LATEST MAGAZINE AND BACK ISSUES ONLINE
Same content, same design available to view immediately by anyone, anywhere, anytime.



STAY UPDATED
News from our advertisers, events and happenings around Spain.



OUR FACEBOOK PAGE
Connect with facebook.com/HomeandLifestyle



TWITTER POSTS
Follow us at @HomeLifestyleEs



INSTAGRAM
Follow us at @homelifestylemagazine

PUBLISHER

Sally Cullens. Mobile: (+34) 622 400 055 info@homeandlifestyle.es

EDITOR

Peter Leonard

ACCOUNTS DIRECTOR

David Jaster

LAYOUT & PRODUCTION

Florencia Lewkow

SALES EXECUTIVE

Debby Heus

CONTRIBUTORS

Helle Barlebo, Rachel Garrod, Mike Gregory, Wim Lamers, AJ Linn, John Schieszer

PHOTOGRAPHERS

Moren Butteweg, Johnny Gates

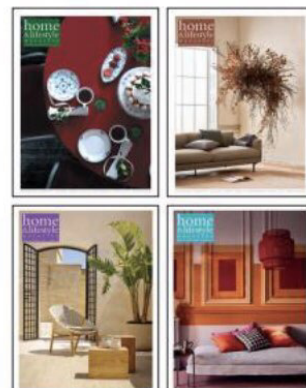
COVER PHOTO

Josephine Akvama Hoffmeyer and Elisa Ossino present "I'll Be Your Mirror", an installation staged in a Milanese apartment during Milan Design Week 2021. Featured here is the Milano Freestanding radiator from Tubes Radiatori (www.tubesradiatori.com).

DEPÓSITO LEGAL

BI-911-08

The publisher makes every effort to ensure that the magazine's contents are correct, but cannot accept responsibility for the effects of errors or omissions. Home & Lifestyle Magazine reserves the right to refuse to publish any advertisement deemed detrimental to the best interests of the community or that is in questionable taste, and cannot accept responsibility for the claims, goods or services of advertisers. The views and opinions expressed by contributors in Home & Lifestyle Magazine do not necessarily reflect the views of the editor or the publisher. Products and prices mentioned are subject to change without prior notice. No part of this magazine may be reproduced or copied in any way without the prior written consent of Home & Lifestyle Magazine. Home & Lifestyle Magazine is delivered across the Costa del Sol and Gibraltar. Subscription rates are €60 per year.



DÉCOR & DESIGN

- 10 Living Rooms: cosy perspectives
- 26 Fabrics: lustrous aesthetics
- 40 Home Office: cutting-edge convenience
- 44 Bedrooms: uplifting ambience
- 52 Outdoor Living: sophisticated comfort
- 72 Heating: decorative functionality
- 74 Kitchens: organic transformation
- 86 Dining In: informal chic
- 96 Tableware: elegant tones
- 102 Lighting: ambient silhouettes
- 112 Walls: exotic subtlety
- 124 Bathrooms: natural minimalism
- 136 Rugs: vibrant creativity
- 146 Smart Homes: the ultimate wow factor
- 148 Construction News: luxury in Marbella
- 150 Architecture News: MasterPrize inspiration



LIFESTYLE & LEISURE

- 154 Travel & Getaways: hotel oasis in Lisbon
- 158 Gourmet Recipes: coquinas and Champagne
- 159 Wine Notes: healthy eating and drinking
- 160 Open Road: Rimac Nevera electric hypercar
- 162 Health & Beauty: training respiratory muscles
- 163 Medical Minutes: visionary breakthroughs
- 166 Art & Culture: immersive digital exhibition



NEWS & EVENTS

- 168 Events: presentations and celebrations
- 174 Bulletin of companies, organisations and people in the headlines
- 178 The Final Word: expert advice for foreign residents





The Scaletta heated towel rail from Tubes is both decorative and functional. It does not require installation so it can be moved from room to room. It comes with a pulley which winds up the electric cable, and it can be fitted with the Regman accessory (a manual temperature regulation device) designed to keep the surface temperature set constant to serve as a heated towel rail (www.tubesradiatori.com).